



Centre End of Season Awards

To be eligible for Ridgewood LAC end of season awards; athletes must have competed at more than 60% of meets in the current season, not including state events and must have competed **twice after the Christmas Break**.

Parents must also meet the minimum roster requirements as set out in the Roster Policy.

RLAC Committee will consider exemptions from the criteria for injuries, if supported by a medical certificate.

Please provide the Centre with any details of exemptions sought by **5pm on the Monday following Centre Championships Program 2**.