



2016/2017

## THIS WEEKS KEY INFO

**NEXT TRAINING - @ 5pm:**

Date	Who	Venue
END OF SUMMER TRAINING		
Good Luck @ STATES		
Winter Training Starts Soon		

MMLAC = Abbeville Park

RLAC = Ridgewood Park

## NEXT RLAC COMPETITION:

RETURNS IN OCTOBER 2017

HAVE A GREAT WINTER

## NEXT LAWA COMPETITION:

State Championships

Under 9's to Under 17's

Fri 17th—Sun 19th Mar 2017

WA Athletics Stadium

## NEXT COMPETITION ROSTER:

THANK YOU ALL

To everyone that has completed their allocated rosters this season a huge thankyou to you all, we couldn't have done it without you.

Special Thanks to Matt Vine, Nigel Vine, Julie Vine, Scott James and Jeff Woodman who fulfilled Appointed Official Roles over the States Weekend.

THANKS



# The Mustang Messenger

Newsletter #28 — 23/03/17

## LAWA State Championships

Congratulations to all of the athletes that competed last weekend as part of the 2017 LAWA State Championships it was a very big weekend with lots of excitement across the weekend.

Well done to everyone on achieving your best.

Special Congratulations go to the following athletes who won medals as part of the State Championships

Elijah Louange	U10 Boys	BRONZE	High Jump Scissor
Mignon Cronje	U11 Girls	GOLD	High Jump
Jordan Woodman	U13 Girls	GOLD	Javelin
Joshua Smith	U14 Boys	SILVER	Triple Jump
Omeara Louange	U15 Girls	GOLD	High Jump
		GOLD	Long Jump
		GOLD	Triple Jump
Jayden Harriman	U17 Boys	SILVER	300m Hurdles

Very Special congratulations to Jordan Woodman who is now in the running to be selected to attend the 2017 Australian Little Athletics Championships in Sydney in April and to Joshua Smith and Omeara Louange who are now in the running to be selected to represent WA at the 2017 International Championships in Malaysia in July.

## Athletics Australia Nationals

This weekend sees the start of the 8 Day Australian Athletics Championships (Nationals) in Sydney. Two of our athletes were successful in qualifying to go:

Omeara Louange (U16) High Jump, Long Jump, Triple Jump & Dylan James (U16) High Jump, Long Jump, Triple Jump.

Matt Vine (Club Secretary and Centre Jumps Referee) will also be attending the championships as part of the Field Event Officiating Team.

Good Luck to Omeara, Dylan and Matt.

## Mindarie Mustangs AGM and Trophy Presentations

This Saturday @ 10am @ HBF Arena, Joondalup  
Details have been emailed separately.

