



# Mindarie Mustangs Little Athletics Club

Newsletter #22 – 31/03/2015

## End of Season Wrap Up!

The 2014/2015 Summer Little Athletics Season drew to a close over the weekend with both the Centre and Club AGM/Trophy Presentations taking place. The committee would like to congratulate all of the athletes that were awarded a trophy for their efforts across the season.

Don't forget that the Winter Season is about to begin, more details later in this newsletter.

To clarify a point on the Mindarie Seasons Best Certificates and Personal Bests Vouchers. These certificates and vouchers are accurate up to and including the 7<sup>th</sup> of February. Therefore any PB's that were earned during the Centre Championship weekends and the Joondalup Challenge event last November does not count towards the final count. The Season Bests Certificates that athletes received at the presentation day are also accurate up to and including the 7<sup>th</sup> of February, with any overall seasons best achieved at the WA Athletics Stadium as part of the Joondalup Challenge event being highlighted by the inclusion of (*Track*) in any track events and an asterisk (\*) in any field events.

Congratulations once again to all of our Award Winners. For a full list of the award winners check out our AGM booklet available online.

Our Perpetual Award Winners are highlighted below:

Winner of the Junior Champion Awards for being the highest point scorer across the U6 to U11 Age groups were Sophie McCorkindale for the Girls and Jackson Anderson for the Boys.

Winner of the Senior Champion Awards for being the highest point scorer across the U12 to U17 Age groups were Ella Tudor-Roberts for the Girls and Joshua Smith for the Boys.

Our President, Daan Nel selected William Heard to receive the 2014/2015 President's award. Daan acknowledged William's kind hearted and helpful manner, also noting his enthusiasm for the sport and dedication to always trying his best.

Our Head Coach, Matthew Vine selected Shaun Smith to receive the 2014/2015 Coach's award. In selecting Shaun, Matthew took notice of Shaun's attitude towards training and competitions. Shaun has put in his very best and more across the season and should be commended for the high number of PB's that he achieved.

Our Endeavour awards are presented to athletes that may not necessarily be the champions in their age groups but show heart, passion and dedication to the sport, hence the 2014/2015 Endeavour Awards were presented to Monique Heard for the Girls and Thomas Watson for the Boys.

The Most Improved awards are presented to the two athletes who scored the highest percentage of Personal Bests compared to the number of events eligible to compete in. As a result of this, Chloe Dean and Jackson Anderson both received this year's Most Improved Awards.

There is always a number of athletes that continue their athletics careers and this year we acknowledged the achievements of the following athletes who have spent 5 years with Mindarie Mustangs Little Athletics Club: William Heard, Monique Heard, Liam Von Koss, Kalani Payne, Jake Woodman, Jordan Woodman and Jenna Woodman.

Parental support is the back bone of any athletics organisation as we are all volunteers and do this for the love of the sport. This year we acknowledged the services that Lisa Payne has provided over the last few seasons. Lisa was a member of the Club Committee for a number of years as part of the Fundraising Committee and we thank her for her time on the Committee but we also acknowledge the contributions that Lisa has continued to provide this season with the support of the club through training, competition rosters and the end of month BBQ's. Thank You Lisa for all your support.

Three years ago a perpetual trophy was introduced in honour of the Zeller Family. Wendy Zeller and her band of sons initially formed the Mindarie Mustangs Little Athletics Club in 2002 and was heavily involved right up until her son, Jakob had completed an astounding 11 years in Little Athletics. This year the Committee acknowledged The Watson Family with the honour. Nicola, Chris, Emily, Thomas and Ben have been involved for a number of years and have been great supporters of the club.

As the season comes to an end we always lose our beloved Under 17's and this year was no different. Good Luck in all your future endeavours to our retiring Under 17's: Emily Ebert, Emily Watson, Kailey Secomb and Heinrich Krause.

### End of Season Survey

An Online Survey <http://goo.gl/forms/1H0bwtMHCh> has been emailed to all members. It would be greatly appreciated if all families could take the time to complete the survey in order to assist us in improving the club in 2015/2016.

If you have any issues with the link please contact us!

## 2015 WINTER SEASON

Little Athletics doesn't end in March after the State Championships. We now begin to turn our attention to the WINTER SEASON.

The winter season consists of Cross Country Running and Road Race Walking. All U7-U17 athletes who are 2014/2015 Registered members are eligible to compete at no extra charge.

Cross Country Runs run fortnightly starting Sat 2<sup>nd</sup> May 2015 until Sat 8<sup>th</sup> August 2015.

Road Race Walks run alternate fortnights starting Sat 9<sup>th</sup> May 2015 until Sat 1<sup>st</sup> August 2015.

Events are hosted by various State Centres across the Metro Area.

In 2015 there will be a number of locations confirmed closer to the time of competition so make sure you check the WALA Website, Ridgewood Website and Facebook Page as well as the Mindarie Website and Facebook Page regularly.

### Distances:

<i><b>Cross Country</b></i>		<i><b>Road Walks</b></i>	
U7 to U9	1500M	U7 to U9	1000M
U10 to U12	2000M	U10 to U12	1500M
U13 to U17	3000M	U13 to U17	2000M

### State Championship Eligibility:

#### ***Cross Country***

Athletes must complete (register a time) at 4 events prior to the State Championships on Sat 8<sup>th</sup> August.

#### ***Road Walks***

Athletes must complete (register a time) at 4 events prior to the State Championships on Sat 1<sup>st</sup> August. (DQ counts as a time recorded)

All Winter Season events are classified as STATE EVENTS and as such all athletes must wear the RIDGEWOOD competition uniform with Jetstar, Age Tag and Registration Number affixed to the top.

### **Training**

Training takes place usually twice a week at various locations between Yanchep and Joondalup.

Previous Training locations have included:

- ❖ The Water Tower, Blue Mountain Drive, Joondalup
- ❖ Neerabup National Park, Lochy Close, Kinross
- ❖ Neerabup National Park, Hester Avenue, Ridgewood (Meet at Quarry Entrance Road)
- ❖ Yellagonga Regional Park, Lakeside Drive, Joondalup
- ❖ Quinns Road, Quinns Rocks (Meet at Portofinos Restaurant Car Park)
- ❖ Jindalee Beach, Jindalee Blvd, Jindalee

Details and locations of Training will be uploaded to the Ridgewood Website as soon as it is made available by the Winter Officer and/or Winter Coach(es)

Training will go ahead regardless of sun or rain unless there is severe weather/storms.

For more information about the Winter Season and to check on the location of competitions as the season progresses make sure to check the following websites:

WALA Website: [www.walittleathletics.com.au](http://www.walittleathletics.com.au)

WALA Winter Guide: <http://walittleathletics.com.au/Competition/State-Events/Winter-Competition>

Ridgewood Website: [www.ridgewoodlac.org](http://www.ridgewoodlac.org)



Mindarie Mustangs Little Athletics Club  
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### Ridgewood Life Memberships

A special congratulations goes to Wendy Zeller for being acknowledged with a Ridgewood Life Membership.

### Ridgewood AGM Award Winners

Congratulations to the athletes that received trophies at the Ridgewood AGM. Be proud of your achievements!

### 2015/2016 Committee Members

As part of the AGM the new Committee for Mindarie Mustangs was also voted in. Congratulations to the following people who have been appointed to the 2015/2016 Mindarie Mustangs Committee:

President – Daan Nel

Vice President – Tony Young

Treasurer: Jillian McCorkindale

Secretary: Matthew Vine

Registrar: Evyonne Nel

Recorder: Julie Vine

Fundraising: Donna Cornell and Louise Mann

Coaching Team: Jeff Woodman, Steve Moss, Jacque Ayliffe and Tony Young.

To all of our members,

Have a great winter break if you are not involved with the Winter Competitions.

Looking forward to seeing you all again in the new 2015/2016 Season. Registration for the 2015/2016 will be in Early September with our first Newsletter for next season being released mid to late August with all the details about Registration and our new season.

Until then you can continue to contact us / keep up to date with the Winter Competitions via our Website, Facebook Page and Emails. See you next season!

Mindarie Mustangs Committee



Mindarie Mustangs Little Athletics Club  
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