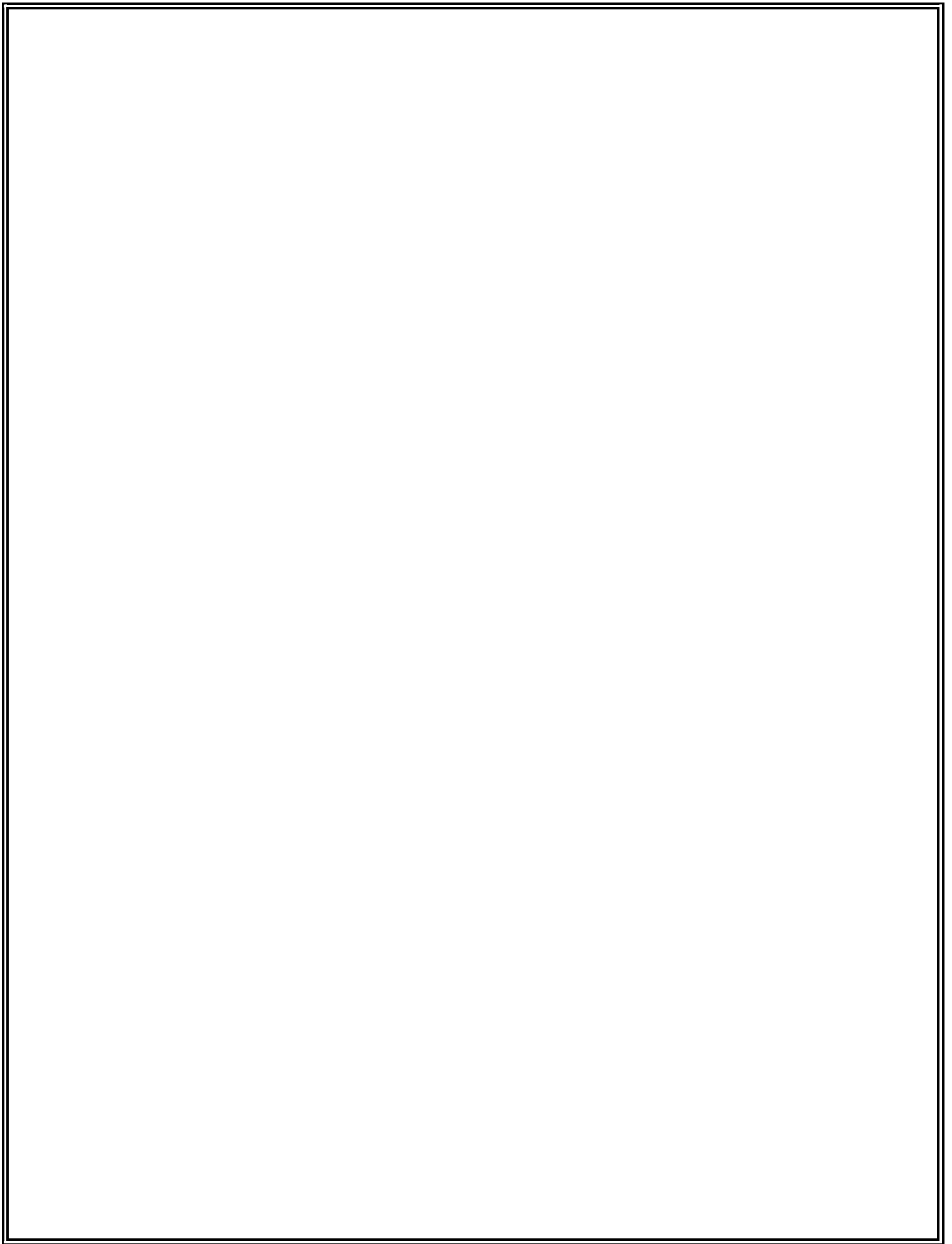




Founding Season - 2002 / 2003

2016/2017  
Trophy Presentation  
&  
AGM

Saturday 25<sup>th</sup> March 2017  
HBF Arena, Pool Alfresco





# **MINDARIE MUSTANGS LITTLE ATHLETICS CLUB INC.**

**Welcome to the 2016-2017  
Trophy Presentation and AGM Day**

## **2016-2017 COMMITTEE MEMBERS**

***PRESIDENT***

Daan Nel

***SECRETARY***

Matthew Vine

***TREASURER***

Karen Swift

***REGISTAR***

Evyonne Nel

***RECORDER***

Julie Vine

***FUNDRAISING***

Louise Mann

Caron Woodman

***COACHING TEAM***

Scott James

Jeff Woodman

Steve Moss

**Thank you to the Club Committee for all your hard work over the past  
season.**

**All the athletes appreciated your contribution to their club.**

**AGENDA FOR  
MINDARIE MUSTANGS LITTLE ATHLETICS CLUB INC.**

**TROPHY PRESENTATION AND AGM**

**HELD AT HBF ARENA POOL ALFRESCO  
SATURDAY 25<sup>th</sup> March 2017 @ 10AM**

1. KIDS ACTIVITIES
2. PRESIDENT'S WELCOME
3. AGM OPENING
4. ATTENDANCES
5. APOLOGIES
6. CONFIRMATION OF PREVIOUS AGM MINUTES
7. CURRENT COMMITTEE MEMBERS REPORTS
  - PRESIDENT'S REPORT (included in AGM Booklet)
  - COACH'S REPORT (included in AGM Booklet)
  - TREASURER'S REPORT (included in AGM Booklet)
  - FUNDRAISING REPORT (included in AGM Booklet)
8. PREVIOUS COMMITTEE MEMBERS OFFICIALLY DISSOLVED
9. ELECTION OF NEW COMMITTEE MEMBERS
  - PRESIDENT
  - SECRETARY
  - COMMUNICATIONS
  - TREASURER
  - REGISTAR
  - RECORDER
  - COACHING TEAM
  - FUNDRAISING TEAM
  - GENERAL
10. GENERAL BUSINESS
11. TROPHY PRESENTATION
12. CLOSE AGM MEETING

*NEXT MEETING TO BE CONFIRMED BY NEW COMMITTEE*

## From the President

With another action-packed season behind us I would like to thank all our club members for their ongoing support and commitment to the club. I'd like to congratulate all our athletes for always giving their best and embracing the club's motto of "family, fun, fitness". Little Athletics requires involvement from the whole family, so I would like to thank all our parents for their support and doing their rosters duties to ensure that every event can be run efficiently, to create an enjoyable experience for our children.

There are always many activities that happens behind the scenes to ensure the club can continue to function as a great sporting establishment and provide development opportunities for our children. With this in mind, I'd like to thank the Mindarie LAC committee for all their input and hard work this season. Without your commitment and personal sacrifice the club would cease to exist, all your efforts are greatly appreciated.

A special thanks to Matt Vine for his dedication to this club and all the effort he has put in to ensure every club member is well informed and all administrative responsibility in running a successful athletics club is taken care off. Sadly, Matt will not be re-joining the committee next season after serving four years on the committee and played an instrumental role. Thanks Matt!

On the storage front, I'm glad to report that we received positive feedback from our club members regarding the new location of the storage facility. I think everyone will agree with me that it makes the unpacking of the equipment easier and quicker. I'm excited to share that the talks are currently underway with Local council to build our own storage facility, upgrading of the toilets as well the potential of a club room. It is encouraging to see that Council recognise the positive contribution we are making as a club towards the community and wellbeing of the children.

Thanks again for everyone's participation and support this season.  
Many thanks.

*Daan Nel*  
**President 2016/2017**

# Coaching Team Report

This season Mindarie continued with the adopted approach as per the previous season with Scott James, Steve Moss and Jeff Woodman jointly managing the role of coaching as a team and forming part of the executive committee.

Prior to the commencement of this seasons training, much discussion took place in identifying areas of improvement at training in the best interest of our athletes and it was agreed that a more dedicated approach was needed with a focus on technique being the main objective and to also encourage parents to participate not only to help but to hopefully gain an insight in the areas of coaching for the benefit of their children.

With the main objective as outlined above, the club invested in providing funding to members for the cost of attending Athletics Coaching Courses with Jody Hockey joining the team with a Level 1 accreditation and Scott James a Level 2. A further investment was made to procure Level 1 accredited coach Carl Vine as Track Coach. We were also fortunate to have Nicole James volunteer with the assistance of Dylan to be our dedicated Long and Triple Jump coach and very much appreciate the contribution they provided over at the jump pit for our athletes.

Due to the reduction of competition events for the U7-8 and the increased athlete numbers in the U13-17 age groups the training program was modified with one night of training for the U7-8 and splitting all the remainder into manageable groups to ensure all athletes received the best possible coaching for all events at completion for that week.

This season has been particularly pleasing, with Mindarie Mustang athletes producing some excellent performances at centre, zone and state events not only winning events, but breaking many records and PB's along the way. This season we believe our athletes may have achieved if not more PB's and broken records than in previous years.

The Coaching Team sincerely thank all the parents who assisted the at training this season and we encourage any Parent who are interested in coaching to not hesitate and ask how we can help you to help the club for the benefit of our athletes. Little Athletics is a totally voluntary sport and is one of the few sports where parents can become fully involved in their child's sporting interests.

We also take this opportunity to acknowledge Matt Vine and sincerely thank Matt for all the hard work and effort he has put into the club over the years as Coach and Club Secretary, we are extremely grateful for your invaluable contribution – THANK YOU!

We congratulate all our Captains for season 2016/2017. Their leadership at all times and assistance at training was rewarding for all athletes and their personal traits and way that they went about their own training and competition performances, was inspirational to all.

Finally, congratulations to all our little athletes for a fun season where you all represented yourselves and your club with pride and passion, we are very proud of you all.

Remember, a good athlete does not necessarily mean being the best runner, jumper or thrower but showing respect and sportsmanship towards all our Officials, volunteers and fellow athletes, be your best and have fun.

*Scott James, Jeff Woodman, Steve Moss*  
***Coaching Team 2016/2017***

## From the Treasurer

Mindarie LAC has had another great year. Whilst our member numbers have fallen slightly from the prior year they are still comparatively high.

As at 21 March 2017 the club had a total of \$26,519.54 cash at bank of which \$21,476.29 is held in a high interest deposit account and the remaining \$5,043.25 in the Society cheque account.

Approximately \$2,100 is due to be paid in respect of the end of 2016/2017 season wind up and trophy presentation.

This year funds have mainly been used to update equipment, purchase new uniforms, maintenance of the storage container, Christmas party and getting some professional coaches at training.

We are still looking at the option of bringing in experienced coaches next season and would also continue to encourage any parents who are interested in coaching to undertake a coaching course. This will be fully funded by the club.

*Karen Swift*

***Treasurer 2016/2017***

# Statement of Financial Performance

For the Season Ending 21 <sup>st</sup> March 2017		
Opening Bank Balance		
Society Account		\$9,545.93
Term Deposit Account		\$21,346.90
Bank Accounts @ 1/4/16		<b>\$30,892.83</b>
<b>PLUS RECEIPTS</b>		
Registration		\$14,705.00
Uniforms		\$1,210.00
Fundraising		\$1,685.00
City of Wanneroo		\$2,734.00
Interest		\$129.39
<b>Total Receipts</b>		<b>\$20,463.39</b>
<b>LESS PAYMENTS</b>		
Registration		\$14,010.00
Uniforms		\$756.25
Equipment		\$578.75
Fundraising		\$478.85
Coaching/Education		\$2,440.00
Storage Container		\$2,304.50
Trophies		\$1,453.30
Maintenance		\$198.49
RLAC Affiliation		\$20.00
2015/16 AGM		\$757.80
End of Year/Xmas Party		\$1,218.20
PO Box		\$124.00
MISC		\$496.70
<b>Total Payments</b>		<b>\$24,836.80</b>
<b>Closing Bank Balance at 21/03/2017</b>		<b>\$26,519.54</b>



## From the Fundraising Team

For Fundraising this year we have had 4-5 Wednesday evening BBQ's, which on average have raised just over \$300 per BBQ. This money goes towards the purchase of new equipment, end of season trophies, end of season wind up and the Christmas party.

We also sold our old sea container near Mindarie Primary school, just before the season started. These funds, along with some previously raised money went towards the purchase of our much more conveniently located new storage container.

We are currently "in the jar" at Grill'd Clarkson during March, so make sure you get along there in the month of March and deposit your bottle cap into the Mindarie Mustangs jar. We could earn another \$300.

We would like to personally thank each and every one of the committee and all parents and athletes who helped out with our fundraising by assisting with time, effort, volunteering and sponsorship.

Your efforts over this current season have been greatly appreciated.

*Caron Woodman & Louise Mann*

***Fundraising 2016/2017***

# State Representatives

## **STATE TRACK RELAY CHAMPIONSHIPS – Dec 11<sup>th</sup> 2016**

Monique Heard	Mekhi Adams
Rhiannon Luckens	Jacob Cowap
Ally Moss	Alfie Gamble
Karys Ramsay	Jack Hathaway
Sarah Ross	Lucas James
Ane Van Der Westhuizen	Callum James
Jade White	Osh Leonard
	Elijah Louange
	Daniel Mann
	Hunter Mettam
	Dian Nel
	Ashton Van Der Spuy
	Ethan White

## **STATE FIELD RELAY CHAMPIONSHIPS – Dec 11<sup>th</sup> 2016**

Mignon Cronje	Andreas Hough
Jordan Woodman	William Heard
Omeara Louange	Joshua Smith
	Brendan O'Malley
	Dylan James

## **STATE MULTI EVENT CHAMPIONSHIPS – Feb 4<sup>th</sup> & 5<sup>th</sup> 2017**

Jayden Harriman
Ryan Vine
Joshua Smith
Daniel Mann

**STATE ZONE CHAMPIONSHIPS – Mar 4<sup>th</sup> and 5<sup>th</sup> 2017**

Kiera O'Malley	Jacob Cowap
Gemma Vine	Ashton Van Der Spuy
Madeline Young	Elijah Louange
Melissa Furse	Jacob Young
Hayley Mann	William Heard
Mignon Cronje	Ezekiel Louange
Evuné Nel	Callum James
Karys Ramsay	Daniel Mann
Jordan Woodman	Dian Nel
Omeara Louange	Joshua Smith
	Dylan James
	Brendan O'Malley
	Ryan Vine

**STATE TRACK AND FIELD CHAMPIONSHIPS – Mar 17<sup>th</sup> to 19<sup>th</sup> 2017**

Evuné Nel	Ashton Van Der Spuy
Hayley Mann	Dian Nel
Jenna Woodman	Ezekiel Louange
Jordan Woodman	William Heard
Mignon Cronje	Joshua Smith
Omeara Louange	Brendan O'Malley
	Dylan James
	Callum James
	Daniel Mann
	Elijah Louange
	Jayden Harriman
	Ryan Vine

# State Medallists

## STATE RELAYS

Dian Nel	U13 Boys	SILVER	4x100m Relay
Daniel Mann	U13 Boys	SILVER	4x100m Relay
Callum James	U13 Boys	SILVER	4X100m Relay

## STATE FIELDS

Andreas Hough	U11 Boys	SILVER
Mekhi Adams	U13 Boys	GOLD
Joshua Smith	U14 Boys	GOLD
Omeara Louange	U15 Girls	GOLD
Brendan O'Malley	U15 Boys	GOLD
Dylan James	U15 Boys	GOLD

## STATE COMBINED EVENTS

Joshua Smith	U14 Boys	BRONZE
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## STATE ZONES

Jacob Cowap	U8 Boys	SILVER	Discus
		SILVER	Shot Put

## STATE CHAMPIONSHIPS

Elijah Louange	U10 Boys	BRONZE	High Jump Scissor
Mignon Cronje	U11 Girls	GOLD	High Jump
Jordan Woodman	U13 Girls	GOLD	Javelin
Joshua Smith	U14 Boys	SILVER	Triple Jump
Omeara Louange	U15 Girls	GOLD	High Jump
		GOLD	Long Jump
		GOLD	Triple Jump
Jayden Harriman	U17 Boys	SILVER	300m Hurdles

# Criteria for Eligibility for Awards

*The following is a List of the Trophy Criteria that is used to determine the Winners of each Award:*

## **ENDEAVOUR AWARD**

This Award is given to a particular Athlete who is not necessarily a champion, but gives their best each week. The Athlete must show;

- Good Sportsmanship and Behaviour
- Good attitude towards Training, Competition and other Athletes
- Loyalty to the Club and Athletes
- Attendance at Training sessions and Competition days

## **MOST IMPROVED**

This Award is given to the Athlete who has shown consistent improvement throughout the Season.

This is worked out by the number of PBs the Athlete receives over the entire Season, divided by the total number of Events that could have been completed.

## **PRESIDENT'S AWARD**

This Award is selected by the Club President, who feels this Athlete has been helpful to the Club, fellow Athletes and represents the Club proudly.

## **COACH'S AWARD**

This Award is selected by the Club Coach, who feels this Athlete is Responsible, Loyal to the Club, always tries their best and attends Training regularly.

## **CLUB SERVICE AWARD**

This Award is selected by the Committee who feels this person, people or family has the greatest Input, assistance and work to help develop our Club. The Award recipient is to have at least 3 years' Service and Loyal towards the Club.

## **THE ZELLER FAMILY TROPHY**

This award is selected by the committee to award a family that has not only shown commitment and dedication to our club, but that continuously provides help, support and assistance with training, competition and fundraising activities; a family that doesn't hesitate to "go that extra mile"; a family that fosters a helping attitude in all athletes and fully embraces the athletics community atmosphere.

# Trophy Winners

## AGE CHAMPIONS

These are awarded to the person in each age group that has the most points. This is worked out by the 50 point system put in place by Little Athletics WA.

<b>GIRLS</b>	<b><u>CHAMPION</u></b>		<b><u>RUNNER-UP</u></b>	
<i>U6</i>	Kaydee Van Deventer	1243.35	N/A	
<i>U7</i>	Kiera O'Malley	1143.22	Kiara Chaychuk	772.71
<i>U8</i>	Christel Kotze	1943.71	Sarah Ross	1906.49
<i>U9</i>	Jade White	1991.36	Gemma Vine	1788.98
<i>U10</i>	Ava Rancatore	1679.22	Melissa Furse	1174.68
<i>U11</i>	Evuné Nel	1836.29	Mignon Cronje	1689.38
<i>U12</i>	Lori Hockey	1328.49	N/A	
<i>U13</i>	Ane Van Der Westhuizen	2650.94	Jordan Woodman	2081.98
<i>U14</i>	Kalani Payne	2233.02	N/A	
<i>U15</i>	Ally Moss	2082.98	Monique Heard	1813.93
<i>U16</i>	Jenna Woodman	2151.56	N/A	
<i>U17</i>	Jordan Lena	912.63	N/A	

<b>BOYS</b>	<b><u>CHAMPION</u></b>		<b><u>RUNNER-UP</u></b>	
<i>U6</i>	Ayden Clementson	978.16	Daniel Kotze	728.95
<i>U7</i>	Jaedyn Krige Du Plooy	1375.35	Kiedis Hockey	587.77
<i>U8</i>	Jacob Cowap	2345.86	Lucas James	1948.40
<i>U9</i>	Ashton Van Der Spuy	2182.24	Jayden Freind	1344.52
<i>U10</i>	Fraser Mills	1869.39	Frazer Bailey	1265.41
<i>U11</i>	Neil Van Der Westhuizen	2071.12	Andreas Hough	2011.23
<i>U12</i>	William Heard	2019.88	Altus Kirton Venter	1294.88
<i>U13</i>	Dian Nel	1788.93	Daniel Mann	1783.36
<i>U14</i>	Joshua Smith	3203.64	Osh Leonard	2223.61
<i>U15</i>	Brendan O'Malley	1552.30	Ryan Vine	1090.42
<i>U16</i>	Seth Adams	986.20	N/A	
<i>U17</i>	Jayden Harriman	1371.31	N/A	

## PARTICIPATION AWARDS

	<b>Girls</b>		<b>Boys</b>
<i>U8</i>	Carli Hough	<i>U8</i>	Hunter Mettam
<i>U8</i>	Danielle Rudd	<i>U8</i>	Ryno Kotze
<i>U9</i>	Madeline Young	<i>U8</i>	Jamie Moss
<i>U9</i>	Dakota King	<i>U8</i>	Marley McDougall
<i>U9</i>	Beth Kilgallon	<i>U9</i>	Fraser Kingi
<i>U10</i>	Hayley Mann	<i>U10</i>	Elijah Louange
<i>U10</i>	Matilda McDougall	<i>U10</i>	Thomas Watson
<i>U11</i>	Jessica Chaychuk	<i>U11</i>	Alfie Gamble
<i>U13</i>	Evie Leonard	<i>U11</i>	Jacob Young
<i>U13</i>	Elisma Hough	<i>U11</i>	Blake Roselt
<i>U13</i>	Karys Ramsay	<i>U11</i>	Brodie Larkin
<i>U15</i>	Maddie Harding	<i>U11</i>	Harri Cornell
<i>U15</i>	Omeara Louange	<i>U12</i>	Patrick O'Malley
		<i>U12</i>	Jake Woodman
		<i>U13</i>	Callum James
		<i>U13</i>	Darold Kirton Venter
		<i>U13</i>	Mekhi Adams
		<i>U13</i>	Josh Larkin
		<i>U14</i>	Jack Hathaway
		<i>U14</i>	Ethan White
		<i>U15</i>	Dylan James

**CLUB AWARDS****JUNIOR CHAMPION** (U7 - U11)**GIRL** Jade White**BOY** Jacob Cowap**SENIOR CHAMPION** (U12 - U17)**GIRL** Ane Van Der Westhuizen**BOY** Joshua Smith**PRESIDENT'S AWARD****WINNER** Neil Van Der Westhuizen**COACH'S AWARD****WINNER** Jayden Harriman**ENDEAVOUR AWARDS****GIRL** Dakota King**BOY** Blake Roselt**MOST IMPROVED AWARD****GIRL** Kaydee Van Deventer**BOY** Lucas James**CLUB SERVICE AWARD****WINNER** Steve Moss**5 YEAR PARTICIPATION MEDAL**

Omeara Louange, Evuné Nel, Dian Nel, Joshua Smith, Thomas Watson

**THE ZELLER FAMILY TROPHY****WINNER** Kirsty Timms and Family



### **SENIOR CLUB CAPTAINS**

**GIRL**

Jordan Lena

**BOY**

Jayden Harriman

### **JUNIOR CLUB CAPTAINS**

**GIRL**

Jordan Woodman

**BOY**

Joshua Smith

### **POTENTIAL STATE TEAM MEMBERS**

#### **U13 STATE TEAM**

Jordan Woodman – CONFIRMED – Congratulations Jordan!

#### **U14 - 15 INTERNATIONAL TEAM**

? Joshua Smith

? Omeara Louange

## *Retiring Athletes*

**Jordan Lena (2 Seasons) & Jayden Harriman (8 Seasons)**

# General News

## **COACHING OPPORTUNITIES**

To assist the Mindarie Mustangs Little Athletics Club to further improve the Coaching facilities for our Athletes, we are currently seeking Parents who are interested in attending the Level One / Two Coaching Courses.

Course Dates and Details are yet to be confirmed by WALA but will be held Mid to late part of the year at the WA Athletics Stadium in Mount Claremont.

The Club is willing to fund the costs of the Coaching Course for any Parent who is willing to attend and then assist the current Coaches with training throughout the upcoming Summer Season.

We encourage everyone to consider attending the Course, as ultimately it will benefit your children and assist them to achieve their Personal Bests during the Season on Competition days.

# 2017 Winter Season

As the summer season comes to an end, it is now time to look towards the 2016 Winter Season. If you want to continue to keep up your fitness, or just love running through the bush, mud and sand, sometimes in the rain, then this is the competition for you.

The Winter Season Competition consists of Cross-Country Running and/or Road Race Walking.

Events are held fortnightly, alternating between the running and walks, right across the metro area.

Competitors must complete four runs to be eligible for the Cross Country State Championships and four walks for the Road Walking State Championships. However, you can pick and choose which events and how many you wish to attend.

All Athletes must compete in the Ridgewood Centre uniform with registration and age tags affixed. The Season begins at the end of April and anyone wishing to compete should contact the Ridgewood Centre for further details.

Race distances vary, depending on the Athletes Age Group:

**Runs:**

U7 - 9	1500m
U10 - 12	2000m
U13 - 17	3000m

**Walks:**

U7 - 9	1000m
U10 - 12	1500m
U13 - 17	2000m

The first Cross Country Race will be on Sat 6<sup>th</sup> May 2016.

The first Road Race Walk will be on Sat 13<sup>th</sup> May 2016.

If you want more information, you can check out the WALA Web Page at:

<http://walittleathletics.com.au/Competition/State-Events/Winter-Competition>

For more information about training and any other winter information contact Ridgewood LAC or check out their website:

✉ [info@ridgewoodlac.org](mailto:info@ridgewoodlac.org)

💻 [www.ridgewoodlac.org](http://www.ridgewoodlac.org)

## Acknowledgements

The 'Mindarie Little Athletics Club' would like to express its appreciation to the following Sponsors for their invaluable support during the 2015/2016 Season:

### Club Sponsors



*M & M Walter Consulting*  
TENEMENT & NATIVE TITLE MANAGEMENT



PB Awards

