



Mindarie Mustangs Little Athletics Club

Newsletter #20 – 15/03/2015

End of Season Survey

An Online Survey <http://goo.gl/forms/hE1waaB9j0> has been emailed to all members. It would be greatly appreciated if all families could take the time to complete the survey in order to assist us in improving the club in 2015/2016.

If you have any issues with the link please contact us!

ZONES Championship Wrap-Up

Last weekend saw almost 40 Mindarie Mustang athletes compete at the Zone 4 Championships against some tough competition from UWA, Joondalup, Hamersley and the rest of Ridgewood Centre.

A huge congratulations to all of the athletes that competed.

You have done your parents, club, centre and selves very proud.

U7 to U9 Medallists

Zones is the Finals for U7 – U9's. Congratulations to the following athletes who won medals during the Zones Competition.

U8's

Jackson Anderson

Gold – 100m (15.99 sec)

Gold – 200m (33.91 sec)

Bronze – Long Jump (3.31m)

U9's

Evuné Nel

Bronze – Javelin (14.68m)

Mignon Cronje

Silver – High Jump (1.05m)

Silver – Long Jump (3.67m)

Bronze – 70m (11.69 sec)

State Qualifiers

Zones is the Heats and Quarter-Finals for the Under 10 – Under 15's. Congratulations to the following Mindarie athletes who have qualified to represent Ridgewood LAC at the State Championships this coming weekend.

Under 10's

Sophie McCorkindale

Under 11's

Ruben Lategan Daniel Mann

Dian Nel Jana Cronje

Jordan Woodman

Under 12's

Neville Joseph Joshua Smith

Hannah Sivic

Under 13's

Brayden Smith Omeara Louange

Brendan O'Malley Ella Tudor-Roberts

Ryan Vine Lucy McCorkindale

Ally Moss Ella Tudor-Roberts

Under 14's

Seth Adams Jenna Woodman

Under 15's

Jayden Harriman Liam Van Der Spuy

Shaun Smith (U16) Raj Suresh (U16), Emily Ebert (U17), Emily Watson (U17), Kailey Secomb (U17) and Heinrich Krause (U17) were all eligible to nominate to attend States. Good Luck to any of our U16/17 Athletes that are also competing.

Special Mentions

Congratulations to
Kim Smith
Centre Administrator
of the Year.

A well deserving recipient!



Congratulations to
Matthew Vine
Centre Official of the Year



State Track and Field Championships Preparatory

Information

ANY FURTHER INFORMATION RECEIVED FROM RLAC WILL BE FORWARDED TO ALL MEMBERS!

Centre Training

Centre Training in preparation for States continues on Tuesday and Thursday between 5pm and 6.30pm at Ridgewood Oval. All athletes attending States are encouraged to attend to maximize upon the expertise that is available at these sessions. For more details about Centre Training check out the Ridgewood LAC Website and Facebook Page.

States Competition Program

The Program of events is available from the WA Little Athletics Website:

https://assets.imgstg.com/assets/console/document/documents/20141103024553PROGRAM_ONLY2015.pdf

as well as the Mindarie Mustangs website and Facebook Page.

The times printed are the scheduled start time. Marshalling for the events will be 20mins PRIOR to the scheduled start time for Track Events and 35mins for Field Events. Actual marshalling and event start times will depend on the actual running of the program.

This program differs from the Zones program so make sure you check it carefully

The top 6 athletes in Discus and Javelin and the top 7 for all other events from Zone 4 qualified for States. Check the WALA Results page if you are unsure of what events you have qualified for.

Uniform

All athletes MUST wear CENTRE Uniform. Centre Uniform must be purchased at Training prior to the competition. Competition Numbers, Age Tags and Jetstar badges are compulsory for ALL Athletes.

Compression Pants may be worn but MUST be completely BLACK including all stitching. This is a WALA Rule and athletes have been disqualified in the past after competing in an event because of this rule. If you are unsure about the validity of the compression pants you intend to wear see a committee member at Training.

Footwear

As per the WALA 2014/2015 Rules of Competition all athletes MUST wear appropriate footwear for competitions.

Under 10's are **NOT** allowed shoes capable of taking spikes. Under 11's can wear spikes for Hurdles, 100m, 200m, 400m and Javelin ONLY.

Under 12's can wear spikes for all Under 11 events and High Jump.

Under 13's and above can wear spikes for Under 11/12 events as well as Long Jump and Triple Jump.

As per the Ridgewood LAC Policy, a valid spike licence must have been signed by the Club Coach and a Red Button must be displayed on the front of the uniform. CHRISTMAS TREE spikes are the ONLY spikes permitted by WALA and Venues West.

Please refer to the WALA Rules of Competition and/or the RLAC Spike

Licence for further clarification or see a Club Coach.

Uniform and Spike Rules are strictly enforced by WALA and any breaches may result in disqualifications which will be out of RLAC control.

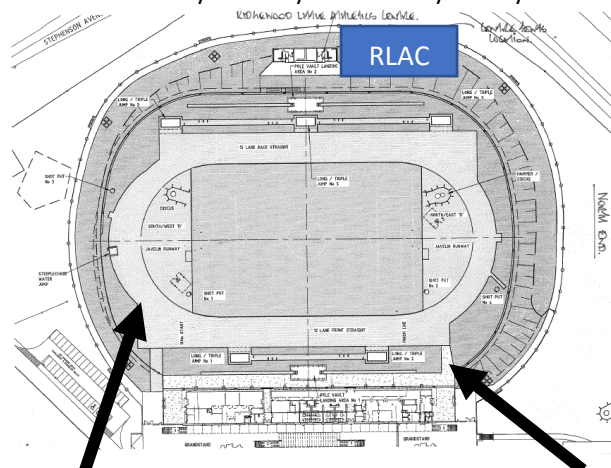


Parking at the Stadium

Parking at the HBF Stadium/WA Athletics Stadium complex is always very busy during events like this. Please remember to enter the complex via Stephenson Avenue and follow the directions of the parking attendants. It is recommended that athletes arrive at the stadium at least 90 minutes before the scheduled event start time as this gives them plenty of time to warm up, prepare and be marshalled for the event.

Ridgewood LAC Team Location

Ridgewood LAC will have the team tents set up on the North Western side of the stadium. We are directly in line with the 1500m start line and Jump Pit Sites 5&6. Make sure you come and join us. This is where the Centre Committee will be available to assist you in any issues that you may have.



MARSHALLING


ROSTER SIGN ON

Parent Roster

As with all State Events, parental support is paramount to a successful competition. The parent roster will be compiled by Ridgewood LAC and forwarded to members as soon as it becomes available.

When you are rostered on you will be required to sign on in the room under the grandstand the northern end of the stadium. Please sign on and collect a tag. You will be required to wear the tag to enter the competition arena and must return it to your site Key Official at the conclusion of the event scheduled.

Upcoming Events: WEEKEND AFTER STATES!




WINDUP / TROPHY PRESENTATION AND AGM

SATURDAY 28TH MARCH, 2015
4.30pm TO 7.30pm
MINDARIE PRIMARY SCHOOL (UNDERCOVER AREA)
ROTHSAY HEIGHTS, MINDARIE

Come along and celebrate the end of the 2014/15 season with the presentation of
Age Group Trophies
Most Improved Trophies
Centre Perpetual Trophies
Certificates & Badges
And then.....


A DISCO FOR ALL TO ENJOY



As this is our AGM, all committee positions will be vacated by the current committee, and a new committee will be voted in.

We hope to see as many of our athletes, parents and siblings as possible.

BVO picnic and drink






WINDUP / TROPHY PRESENTATION AND AGM

SUNDAY 29TH MARCH, 2015
1pm to 4pm
ABBEVILLE PARK (MLAC Training Ground)
ROTHSAY HEIGHTS, MINDARIE

Come along and celebrate the end of the 2014/15 season with the presentation of
Age Group Trophies
Most Improved Trophies
Club Perpetual Trophies
Seasons Bests Certificates

PLUS GIANT INFLATABLES AND SNOW CONES FOR ALL TO ENJOY!



As this is our AGM, all committee positions will be vacated by the current committee, and a new committee will be voted in.

2015/2016 Committee Positions:

President	Vice President	Registrar
Treasurer	Secretary	Recorder
Fundraising Team (2 Positions)	Coaching Team (2 Positions)	

We hope to see as many of our athletes, parents and siblings as possible.

BVO picnic and drink



Mindarie Mustangs Little Athletics Club

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MINDARIE MUSTANGS 2015/2016 Committee Positions

Call for Nominations!

At our AGM the Mindarie Mustangs Committee for 2014/2015 will be dissolved and a new committee for the 2015/2016 season will be voted in. Below is a general description of the requirements for each position. If you would like to nominate for a position, please email the Mindarie Mustangs Committee mindarielac@gmail.com

President

The President is responsible for the overall running of the club.

- Will attend and chair the monthly committee meetings.
- Will act as a signatory for the club in all legal and financial purposes.
- Will liaise with committee members to ensure all obligations are being met.
- Will ensure all members are fulfilling their Roster Requirements at Ridgewood run competitions.
- Will present certificates and trophies when required across the season.
- Attend Centre Delegate Meetings as required.

Vice President

The Vice President is responsible for assisting the President in the overall running of the club and to fulfil any presidential requirements in the President's absence.

Treasurer

The Treasurer is responsible for the financial supervision of the club in order for the club to operate effectively.

- Will compile monthly account statements for presentation at committee meetings.
- Will deal with all financial requirements by the club including receipts and banking of monies
- Will act as a signatory for the club in all legal and financial purposes.

Secretary

The Secretary is responsible for assisting the President in the overall running of the club.

- Organise and accurately minute all committee meetings
- Disseminate all information received to the relevant members.
- Produce and distribute the weekly newsletter to members.
- Maintain and update the Clubs Website and Facebook Page.
- Assist any other committee member in administrative requirements.

Registrar

The registrar is responsible for maintaining the log of members for the current season.

- Attend required meetings in relation to Season Registrations
- Attend Registration Day and Orientation Day to discuss and take registrations of members.
- Liaise with Treasurer and Secretary with Registration matters.

Recorder

The Recorder is responsible for the maintaining of competition results.

- Will collect results from Centre Recorder each week.
- Will collate and write certificates for PB Award recipients.
- Will collate results at the end of the season to determine the winners of the various trophies and awards presented by the Club/Centre/WALA

Coaching Team (2 Positions)

The Coach(s) is/are responsible for the running of all Club Training

- Will attend all club training sessions to coach athletes in a variety of events
- Will construct and maintain training files for each event so that Assistant Coaches (Parents) can provide quality training for athletes.
- Maintain equipment and organise purchases of new/replacement equipment.
- Promote Coaching/Officiating Courses and Athlete Achievements

Fundraising Team (2 Positions)

The Fundraising Team is responsible for increasing the clubs finances through various means.

- Will organise Club Sponsors for the season
- Will liaise with Recorder to ensure enough PB Award Vouchers are available
- Will organise End of Month Club BBQ's, Christmas Party and End of Season Wind Up Entertainment
- Will liaise with Treasurer and Secretary as required.
- Will organise additional fundraising activities as determined by the committee.

