



# Mindarie Mustangs Little Athletics Club

Newsletter #19 – 01/03/2015

## ONE WEEK TILL ZONES!

Good Luck to all of our athletes who are competing at next weekend's Zones (U7-U9 Finals, U10-U15 Heats/ Quarter Finals)

This week's Newsletter contains all of the most up to date information about the competition.

### End of Season Survey

A survey <http://goo.gl/forms/hE1waaB9j0> has been emailed to all members. It would be greatly appreciated if all families could take the time to complete the survey in order to assist us in improving the club in 2015/2016.

### This Week's Key Information

#### Centre Training

Centre Training in preparation for Zones and States continues on Tuesdays and Thursdays between 5pm and 6.30pm at Ridgewood Oval.

All athletes attending Zones/States are encouraged to attend to maximize upon the expertise that is available at these sessions. For more details about Centre Training check out the Ridgewood LAC Website and Facebook Page.

#### Zones Competition Program

The Program of events is available from the WA Little Athletics Website:

[https://assets.imgstg.com/assets/console/document/documents/20141103025137zones\\_program\\_only\\_2015.pdf](https://assets.imgstg.com/assets/console/document/documents/20141103025137zones_program_only_2015.pdf)

as well as the Mindarie Mustangs website and Facebook Page.

The times printed are the scheduled start time. Marshalling for the events will be 20mins PRIOR to the scheduled start time for Track Events and 35mins for Field Events. Actual marshalling and event start times will depend on the actual running of the program.

#### Uniform

All athletes (U7 to U9) may wear either Club or Centre Uniform. All athletes (U10 to U15) MUST wear CENTRE Uniform. Centre Uniform must be purchased at Training prior to the competition. Competition Numbers, Age Tags and Jetstar badges are compulsory for ALL Athletes.

#### Rules to be aware of:

All rules will be enforced based on the 2014-2015 Rules of Competition as determined by the WA Little Athletics Board of Management.

- [Heats/Finals] If there is insufficient competitors for more than one heat then the heat will become the final and will run at the heat time scheduled.
- [Qualification to States] The Board of Management, having regard to the total registrations in the Zone, will determine the number of competitors qualifying in each event to progress through to the Semi Finals and Finals (States).
- [High Jump] For competitors in the High Jump at Zones, competition continues until the number of competitors remaining in the event equals the number to qualify for the Semi Finals/Finals. Those competitors remaining can elect to withdraw any time after that.
- [Clashes] When a competitor leaves the field site on an authorized basis by a Key Official to compete in a track event and they have not had a trial, then on returning to the site the competitor will be allowed one trial. If with this trial they qualify in the top eight (8) then they can join into the competition at the level/round it is at the time of returning. (Meaning that there may be 9 or more in the final trials. If the event has finished and the competitor returns within 15 minutes of the finish of the event then the site will be opened again for the competitor to have one more trial.

### Competition Roster

The Zones Roster is now available on

<http://zone4.org.au/rosters?centre=RLAC>

There are a number of positions that still need to be filled so if your athletes are attending and you have not selected a roster position as yet, it is highly recommended that you select one of the positions still available.

#### Positions allocated:

Saturday AM (~7.30am to 12.30pm)

Deputy Arena Manager	Dean Smith
Starter (Short Track)	Carl Vine
Long Jump 3 Recorder	Tania Van Der Spuy

Saturday PM (~12.30pm to 5.30pm)

Deputy Arena Manager	Dean Smith
Chief Track Referee	Craig McCorkindale
Starter (Short Track)	Carl Vine
Shot Put 14 Chief	Matthew Vine
Long Jump 3 Chief	Daniel Lategan
Long Jump 3 Marker	Narelle Hathaway
Long Jump 3 Rake	Ruth Louange
Triple Jump 6 Chief	Evyonne Nel

Sunday AM (~7.30am to 12.30pm)

Deputy Arena Manager	Dean Smith
Starter (Short Track)	Carl Vine
Discus 12 Marker	Anquet Adams
Long Jump 3 Recorder	Vanesse Cronje
Data Entry Field	Louise Mann

Sunday PM (~12.30pm to 5.30pm)

Deputy Arena Manager	Dean Smith
Starters (Short Track)	Carl Vine
Long Jump 3 Recorder	Jeff Woodman
Long Jump 3 Marker	Malarnee Joseph
Long Jump 3 Athlete Control	Kirsty Timms
Data Entry Field	Jillian McCorkindale

#### Positions to be filled

Ridgewood Centre still needs to fill the following positions (as at 8pm Sunday 1/3/15).

Saturday AM

BBQ Roster (1)	BBQ Roster (2)	BBQ Roster (3)
BBQ Roster (4)	BBQ Roster (5)	Data Entry Field
Canteen (1)	Canteen (2)	Canteen (3)

Saturday PM

Canteen (1)	Canteen (2)	Canteen (3)
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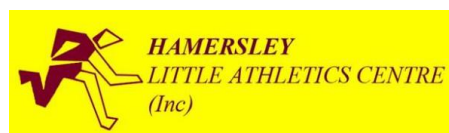
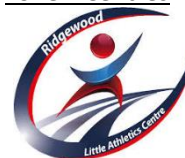
Sunday AM

Canteen (1)	Canteen (2)	Canteen (3)
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Sunday PM

Canteen (1)	Canteen (2)	Canteen (3)
Javelin 16 Implement Retrieval		

### Zone 4 Centres





## WINDUP / TROPHY PRESENTATION AND AGM

**SATURDAY 28<sup>TH</sup> MARCH, 2015**  
**4.30pm TO 7.30pm**

**MINDARIE PRIMARY SCHOOL (UNDERCOVER AREA)**  
**ROTHSAY HEIGHTS, MINDARIE**

Come along and celebrate the end of the 2014/15 season with the presentation of  
Age Group Trophies  
Most Improved Trophies  
Centre Perpetual Trophies  
Certificates & Badges  
And then.....

## A DISCO FOR ALL TO ENJOY



**As this is our AGM, all committee positions will be vacated by the  
current committee, and a new committee will be voted in.**

We hope to see as many of our athletes, parents and siblings as possible.

BVO picnic and drink



## WINDUP / TROPHY PRESENTATION AND AGM

**SUNDAY 29<sup>TH</sup> MARCH, 2015**  
**1pm to 4pm**

**ABBEVILLE PARK (MLAC Training Ground)**  
**ROTHSAY HEIGHTS, MINDARIE**

Come along and celebrate the end of the 2014/15 season with the  
presentation of  
Age Group Trophies  
Most Improved Trophies  
Club Perpetual Trophies  
Seasons Bests Certificates

**PLUS GIANT INFLATABLES AND SNOW CONES FOR ALL  
TO ENJOY!**



**As this is our AGM, all committee positions will be vacated by the  
current committee, and a new committee will be voted in.**

### 2015/2016 Committee Positions:

President	Vice President
Treasurer	Secretary
Fundraising Team (2 Positions)	Recorder
	Registrar
	Coaching Team (2 Positions)

We hope to see as many of our athletes, parents and siblings as possible.  
BVO picnic and drink

### **Important Dates:**

WALA Zones – Saturday 7<sup>th</sup> and Sunday 8<sup>th</sup> March 2015  
@ McGillivray Oval, Mt Claremont

WALA States – Saturday 21<sup>st</sup> and Sunday 22<sup>nd</sup> March 2015  
@ WA Athletics Stadium, Mt Claremont

Ridgewood AGM and Presentation Evening –  
Saturday 28<sup>th</sup> March 2015

@ Mindarie Primary School, 4.30pm – 7.30pm

Mindarie Mustangs AGM and Presentation Afternoon –  
Sunday 29<sup>th</sup> March 2015

@ Abbeville Oval, 1pm to 4pm

### **MINDARIE MUSTANGS 2015/2016 Committee Positions**

#### **Call for Nominations!**

At our AGM the Mindarie Mustangs Committee for 2014/2015  
will be dissolved and a new committee for the 2015/2016  
season will be voted in. Below is a general description of the  
requirements for each position. If you would like to nominate  
for a position, please email the Mindarie Mustangs Committee

[mindarielac@gmail.com](mailto:mindarielac@gmail.com)

#### ***President***

The President is responsible for the overall running of the  
club.

- Will attend and chair the monthly committee meetings.
- Will act as a signatory for the club in all legal and  
financial purposes.
- Will liaise with committee members to ensure all  
obligations are being met.
- Will ensure all members are fulfilling their Roster  
Requirements at Ridgewood run competitions.
- Will present certificates and trophies when required  
across the season.
- Attend Centre Delegate Meetings as required.

#### ***Vice President***

The Vice President is responsible for assisting the President in  
the overall running of the club and to fulfil any presidential  
requirements in the President's absence.

#### ***Treasurer***

The Treasurer is responsible for the financial supervision of  
the club in order for the club to operate effectively.

- Will compile monthly account statements for  
presentation at committee meetings.
- Will deal with all financial requirements by the club  
including receipts and banking of monies
- Will act as a signatory for the club in all legal and  
financial purposes.



Mindarie Mustangs Little Athletics Club

[www.mindarielac.myclub.org.au](http://www.mindarielac.myclub.org.au)

[mindarielac@gmail.com](mailto:mindarielac@gmail.com)

[www.facebook.com/Mindarielac](https://www.facebook.com/Mindarielac)



### **Secretary**

The Secretary is responsible for assisting the President in the overall running of the club.

- Organise and accurately minute all committee meetings
- Disseminate all information received to the relevant members.
- Produce and distribute the weekly newsletter to members.
- Maintain and update the Clubs Website and Facebook Page.
- Assist any other committee member in administrative requirements.

### **Registrar**

The registrar is responsible for maintaining the log of members for the current season.

- Attend required meetings in relation to Season Registrations
- Attend Registration Day and Orientation Day to discuss and take registrations of members.
- Liaise with Treasurer and Secretary with Registration matters.

### **Recorder**

The Recorder is responsible for the maintaining of competition results.

- Will collect results from Centre Recorder each week.
- Will collate and write certificates for PB Award recipients.
- Will collate results at the end of the season to determine the winners of the various trophies and awards presented by the Club/Centre/WALA

### **Coaching Team (2 Positions)**

The Coach(s) is/are responsible for the running of all Club Training

- Will attend all club training sessions to coach athletes in a variety of events
- Will construct and maintain training files for each event so that Assistant Coaches (Parents) can provide quality training for athletes.
- Maintain equipment and organise purchases of new/replacement equipment.
- Promote Coaching/Officiating Courses and Athlete Achievements

### **Fundraising Team (2 Positions)**

The Fundraising Team is responsible for increasing the clubs finances through various means.

- Will organise Club Sponsors for the season
- Will liaise with Recorder to ensure enough PB Award Vouchers are available
- Will organise End of Month Club BBQ's, Christmas Party and End of Season Wind Up Entertainment
- Will liaise with Treasurer and Secretary as required.
- Will organise additional fundraising activities as determined by the committee.

