



# Mindarie Mustangs Little Athletics Club

SPECIAL EDITION – RIDGEWOOD INFORMATION

Newsletter #14A – 28/01/2015

Ridgewood Little Athletics Centre have recently sent some important information to the Clubs. Below is the information that it contained. If you have any questions or queries about the information contained please speak to a Committee Member at Training or Competitions

## **Field Events and Age Groups**

As many of you are aware the U8, U9 and U11 Boys are all very large groups when all athletes attend. Therefore Ridgewood LAC have organised and adjusted the Program running order for these age groups to allow the fields to be split in half between the two sites at the Field Event. Therefore when these age groups are attending our Jump Pits for example the Officials running the site are to split the group into 2. This means a minimum of 8 Parent Helpers are required for these groups.

## **Southern Marshalling**

Please remind all athletes that when they are called to marshal at the Southern End for events, it is extremely important that they go AROUND THE OUTSIDE of the track when heading to a site. For example and especially when heading to Discus: Athletes must go around the outside of the track and not through the middle as usually Javelin could be taking place and the Club and Centre Committees would hate for an athlete to be injured.

## **Centre of the Arena**

It is also important to remember that no Parents or Athletes are allowed to cross the centre of the arena at any time. When returning from the Jump Pits/Discus please ensure you go around the track as cutting through the oval puts both yourselves and others at risk as it may interfere with ongoing events such as Javelin, Discus or Track events.

## **Rubbish Bins**

Ridgewood LAC had kindly provided each club with plastic bins for use under the club tents. Please remember to use these bins. If there is no bag in the bin, please inform a committee member so it can be organised. Please assist the centre in keeping the oval clean and tidy.

## **Key Officials**

All Key Officials (1 per site/Jump Pit Lane) should be wearing a yellow High-Vis Vest when on-site. It is also important that the Key Officials (and any other parents assisting) are fully aware of the rules of competition for the event. If anyone has any queries or concerns please contact the relevant Referee or Arena Manager during Competitions or speak to a Committee Member during Training.

## **Key Officials Meeting**

Ridgewood LAC will be holding a brief meeting with all Key Officials on Saturday 31<sup>st</sup> January, just prior to the beginning of competition. If you are rostered as a Key Official over the remainder of the season, it is imperative that you attend to ensure that there are no issues and the right support is being provided to parent helpers.

## **Centre Championships**

Centre Championships are coming up very soon and will be run to WALA State Rules and Regulations. Now is the time to be ensuring that all athletes are competing in the events according to the rules. Make sure you see our next newsletter “#15 – 01FEB15” for all the details about eligibility criteria for both Championship Medals and End of Season Awards.

On behalf of the Ridgewood and Mindarie Committees, Thank you for your cooperation and understanding throughout the season.



Mindarie Mustangs Little Athletics Club  
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